

QUESTIONS FOR STUDY AND DISCUSSION

1. How do you define pride? What are some of the ways it manifests itself? Read Daniel 4 and note the ways pride is asserted and brought low.
2. The opposite of pride is humility. What is Biblical humility? How is it different from meekness and gentleness? How was our Lord humble while He was on earth?
3. Read Psalm 138:6, Isaiah 57:15, 66:2, Matthew 5:3 and James 4:6. What insights do these verses give as to the nature and practice of humility?
4. How does one gain true humility? The quintessential passage on how a person gains humility is Isaiah 6:1-8. How is humility gained from observing and applying this passage?
5. What does true humility not look like and what does it look like? Read Luke 18:10-14. Note the similarities and the differences between these two men. Note Christ's verdict. Ultimately, what is this man's justification based on?
6. How can these passages on pride and humility prepare us for coming to the Lord's table today?

LIVING HOPE: Studies in I Peter *"Coming to Him"* (I Peter 5: 6)

I. Our First Enemy

II. God's Solution

III. Coming Humbly

Preparing for the Lord's Supper

Westminster Shorter Catechism Questions 96, 97

Q: What is the Lord's Supper?

A: The Lord's Supper is a sacrament, wherein, by giving and receiving bread and wine, according to Christ's appointment, his death is shewed forth; and the worthy receivers are, not after a corporal and carnal manner, but by faith, made partakers of his body and blood, with all his benefits, to their spiritual nourishment, and growth in grace.

Q: What is required to the worthy receiving of the Lord's Supper?

A: It is required of them that would worthily partake of the Lord's Supper, that they examine themselves of their knowledge to discern the Lord's body, of their faith to feed upon him, of their repentance, love, and new obedience; lest, coming unworthily, they eat and drink judgment to themselves.

How do we prepare our hearts for the Lord's Table?

1. Come in reverence and worship.
2. Meditate upon the suffering and death of Christ on our behalf.
(John 19:16-30; I Peter 3:18)
3. Examine your heart before God. He as your Savior. You as a sinner yet His child.
4. Have sorrow and repentance for your sin.
5. Look to Christ for forgiveness.
6. Receive by faith His grace through the receiving of His supper.
7. Feast upon Him as He is offered in the Gospel message.
8. Rejoice and give thanks for His love and grace.
9. Renew your commitment to glorify and love Him daily.

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Dr. Jeff Lowman