

PREPARING FOR THE LORD'S SUPPER

Westminster Shorter Catechism Questions 96, 97

Q: What is the Lord's Supper?

A: The Lord's Supper is a sacrament, wherein, by giving and receiving bread and wine, according to Christ's appointment, His death is shewed forth; and the worthy receivers are, not after a corporal and carnal manner, but by faith, made partakers of His body and blood, with all His benefits, to their spiritual nourishment, and growth in grace.

Q: What is required to the worthy receiving of the Lord's Supper?

A: It is required of them that would worthily partake of the Lord's Supper, that they examine themselves of their knowledge to discern the Lord's body, of their faith to feed upon him, of their repentance, love, and new obedience; lest, coming unworthily, they eat and drink judgment to themselves.

How do we prepare our hearts for the Lord's Table?

1. Come in reverence and worship.
2. Meditate upon the suffering and death of Christ on our behalf. (John 19:16-30; I Peter 3:18)
3. Examine your heart before God. He as your Savior. You as a sinner yet His child.
4. Have sorrow and repentance for your sin.
5. Look to Christ for forgiveness.
6. Receive by faith His grace through the receiving of His supper.
7. Feast upon Him as He is offered in the Gospel message.
8. Rejoice and give thanks for His love and grace.
9. Renew your commitment to glorify and love Him daily.

AFTER GOD'S OWN HEART: XV *"Epitaph: Your Lovingkindness Is Better than Life"* *(I Chronicles 29:28)*

I. Looking Back

1. Tragedy

2. Triumphs

II. Looking Forward

1. Expectations

2. Exaltation